



tra:mag packing list

The Important Stuff

- ATM Card (Maestro and Cirrus are widely spread)
- Credit Card (Visa or Mastercard)
- enough Travellers' Checks (just in case you have problems with your plastic money)
- Passport (double-check validity)
- Tickets
- Visa
- Photocopies of all important documents (keep them separated from the original docs)
- Paper/Notebook (just something to write on)
- Pens
- Address list and important contacts
- Organizer/Diary
- Cellphone (just in case) and don't forget the recharger

Bags & Accessories

- Backpack (big enough, but not too big)
- Small bag (e.g a daypack - for daytrips, shopping, beach)
- Sleeping bag
- Inlay for your sleeping bag
- Money belt (probably the safest option to carry your documents and money around - as long as the doggy people don't know about it...)
- Mozzie net (depending on where you are going... ways better than itchy mozzie bites and Malaria)
- Alarm clock (just in case you need to get up early)

Clothes

- Shoes/hiking boots (depending on what you want to do while on the road)
- Sandals/thongs (or flip-flops)
- Underwear
- Socks
- Warm jacket
- Light jacket
- Jeans
- Trousers or pants
- Sweater
- Jumper
- Swimming gear
- Towels (a big and a small one)
- T-shirts
- Sarong
- Skirt

MediKit

- Bandage & plaster
- Small scissor
- Tweezers
- Thermometer
- Antiseptic
- Antinausea
- Antihistamine
- Antidiarrhoea
- Painkillers
- Cold & Flu tablets
- Rehydration tablets/mixtures
- Insect repellent and anti-itch cream
- Sunscreen